

Dining Senior Style

at the Sterling Heights Senior Center

Wednesdays

Tickets sold 9:00 a.m. – 11:30 a.m.

(Meal tickets available at front desk and are first come first served)

Food served approx. 11:30a.m.

Participants over 60 years of age can receive a meal for a suggested donation of \$3.00 per meal (\$6.50 for those under the age of 60). A special thank you to the Macomb County Community Services Agency office of Senior Services for bringing this program to the Center.

December Dining Senior Style Menus

(Menu items may be subject to change without notice)

-  **Wednesday, December 7th** – Chicken, Scalloped Potatoes, Broccoli Raisin Salad, & Vanilla Yogurt w/Strawberries.
-  **Wednesday, December 14th** – Stuffed Green Pepper, Garlic Mashed Potatoes, Garden Salad, & Angel Food Cake w/Mixed Berries.
-  **Wednesday, December 21st** – Florentine Stuffed Shells, Green Beans, Italian Garden Salad, Yellow Delicious Apple, & Italian Bread.
-  **Wednesday, December 28th** – Roast Pork, Mashed Potatoes, Brussels Sprouts, & Oatmeal Raisin Cookie.